

Recovery Steps Timetable WC 27.11.23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am – 11:30am SMART TODMORDEN	10:30am – 12:00pm Freedom Programme Active Recovery HALIFAX	10:00am – 11:30am Breakfast Club HALIFAX	10:30am – 12:00pm Freedom Programme Active Recovery HALIFAX		10:30am – 11:30am Here & Now HALIFAX
		11:30am – 12:30pm Here & Now TODMORDEN			
12:00pm – 1:00pm Here & Now HALIFAX		12:00pm – 1:00pm Reduction Support HALIFAX		12:00pm – 1:00pm Here & Now (men) HALIFAX	
12:00pm – 1:00pm First Steps TODMORDEN	12:00pm – 1:00pm Here & Now HALIFAX	12:00pm – 1:00pm First Steps HALIFAX	12:00pm – 1:00pm Here & Now HALIFAX	12:00pm – 1:00pm Here & Now (women) HALIFAX	
1:30pm – 3:00pm Freedom Programme Recovery Basics TODMORDEN	1:30pm – 3:00pm Freedom Programme Recovery Basics HALIFAX	1:30pm – 2:30pm SMART HALIFAX	1:30pm – 3:00pm Freedom Programme Recovery Basics HALIFAX	2:00pm – 3:00pm SMART HALIFAX	Sunday
		3:00pm – 4:00pm Resilience HALIFAX	4:00pm – 5:00pm SMART HALIFAX		
CHOICES sessions run throughout the week via telephone.					

For more information, please contact a member of The Basement Recovery Project team - 01422 383063

For Mutual Aid support, see the AA, NA, CA and SMART Recovery websites or download our local Mutual Aid timetable (link in footer)

Join the CiR community FB Group to find social activities and to connect with others: <https://www.facebook.com/groups/CalderdaleinRecovery>