



ALCOHOL BRIEF INTERVENTION TRAINING

**Do you know how to have a
conversation about alcohol use?**

In Calderdale, it is estimated that there are:

- 103,277 Low Risk Drinkers
- 27,749 Increasing Risk Drinkers
- 9,049 Higher Risk Drinkers

Of these, there would be:

- 32,637 Binge Drinkers

Alcohol features in approximately 50% of Child in Need assessments

**This course is aimed at anyone, especially those
who work with adults or families in Calderdale.
This is essential training!**

TOPICS COVERED IN THIS COURSE

- Facts about alcohol, myths, units and safe limits
- The physical effects of alcohol both short term and long term
- Definitions such as binge drinking, high risk and dependency
- Brief Interventions
- Support available and how to refer to local services
- Useful tools and resources to support training

PLANNED LEARNING OUTCOMES

1. Boost skills and confidence in talking with service users about alcohol use
2. Recognise the effects of alcohol use and the impact on health;
3. Tailor advice and use an evidence based-screening tool to identify problematic alcohol use in your role;
4. Apply simple tools that may trigger change.
5. Identify relevant support services in Calderdale.

Training is provided free of charge to all those who work with or provide a service for children, young people, their families and adults at risk or in need of support services in Calderdale. To register please see the "Enable" platform or Contact The Basement Recovery Project.
<https://calderdalescp.vc-enable.co.uk/register>