

The Basement Project

TBRP Huddersfield - Festive Season Opening Times

All sessions must be pre-booked in advance.

Monday 21st December	Active Recovery 10:15 - 11:45am Recovery Basics 12:30 - 1:45pm	Normal Opening Hours
Tuesday 22nd December	Resilience 12:30 - 1:45pm Recovery Support Zoom 1:15 - 2:15pm Here & Now 11:00 - 12:00pm	Normal Opening Hours
Wednesday 23rd December	Recovery Basics 10:15 - 11:45pm (One off session due to the festive period)	9:00 - 12:00pm
Thursday 24th December	Here & Now 10:30 - 11:30am First Steps 10:15 - 11:45am SMART Zoom 1:15 - 2:15pm	9:00 - 12:00pm
Friday 25th December		CLOSED
Monday 28th December	Bank Holiday	CLOSED
Tuesday 29th December	Resilience 12:30 - 1:45pm Recovery Support Zoom 1:15 - 2:15pm Here & Now 11:00 - 12:00pm	Normal Opening Hours
Wednesday 30th December	Recovery Basics 10:15 - 11:45 (One off session due to the festive period)	9:00 - 12:00pm
Thursday 31st December	Here & Now 10:30 - 11:30am First Steps 10:15 - 11:45am SMART Zoom 1:15 - 2:15pm	9:00 - 12:00pm
Friday 1st January		CLOSED
Monday 4th January	Active Recovery 10:15 - 11:45am Recovery Basics 12:30 - 1:45pm	Normal Opening Hours