

# The Basement Project

## TBRP Halifax - Festive Season Opening Times

All sessions must be pre-booked in advance.

<b>Monday 21<sup>st</sup> December</b>	Here & Now 12:30pm	<b>Normal Opening Hours</b>
<b>Tuesday 22<sup>nd</sup> December</b>	Active Recovery 10:30am Recovery Basics 1:30pm	<b>Normal Opening Hours</b>
<b>Wednesday 23<sup>rd</sup> December</b>	Here & Now 10:15 Motivation to Change 12:00pm SMART Recovery 1:30pm	<b>9:00 - 12:00pm</b>
<b>Thursday 24<sup>th</sup> December</b>	Active Recovery 10:30am SMART Recovery 12:00pm Recovery Basics 1:30pm	<b>9:00 - 3:00pm</b>
<b>Friday 25<sup>th</sup> December</b>		<b>CLOSED</b>
<b>Monday 28<sup>th</sup> December</b>	Bank Holiday	<b>CLOSED</b>
<b>Tuesday 29<sup>th</sup> December</b>	Here & Now 12:30pm	<b>Normal Opening Hours</b>
<b>Wednesday 30<sup>th</sup> December</b>	Here & Now 10:30am SMART Recovery 1:30pm	<b>Normal Opening Hours</b>
<b>Thursday 31<sup>st</sup> December</b>	SMART Recovery 12:30pm	<b>Normal Opening Hours</b>
<b>Friday 1<sup>st</sup> January</b>		<b>CLOSED</b>
<b>Monday 4<sup>th</sup> January</b>	Here & Now 12:30pm	<b>Normal Opening Hours</b>